

## ABOUT YOU

First Name \_\_\_\_\_ Middle Name \_\_\_\_\_

Last Name \_\_\_\_\_

Address Line 1 \_\_\_\_\_

Address Line 2 \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP  
Code \_\_\_\_\_

Mobile Phone \_\_\_\_-\_\_\_\_-\_\_\_\_ Work Phone \_\_\_\_-\_\_\_\_-\_\_\_\_ Home Phone \_\_\_\_-\_\_\_\_-\_\_\_\_

Email \_\_\_\_\_

Date of Birth \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Gender ☐ Male ☐ Female

Height \_\_\_\_' \_\_\_\_" Weight \_\_\_\_\_ lbs

Marital Status ☐ Single ☐ Married ☐ Separated ☐ Divorced ☐ Widowed ☐ Other

Number of Children \_\_\_\_\_ Spouse's Name \_\_\_\_\_

## EMERGENCY CONTACT INFORMATION.

Name \_\_\_\_\_

Phone \_\_\_\_-\_\_\_\_-\_\_\_\_ Relation To You \_\_\_\_\_

## INSURANCE INFORMATION

Do you have Insurance?

☐ Yes ☐ No

Insurance Name \_\_\_\_\_

Phone \_\_\_\_ - \_\_\_\_ - \_\_\_\_

Address Line 1 \_\_\_\_\_

Address Line 2 \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

ZIP  
Code \_\_\_\_\_

ID/Policy  
Number \_\_\_\_\_

Group  
Number \_\_\_\_\_

Insured's Name \_\_\_\_\_

Insured's Date  
of Birth \_\_\_\_ / \_\_\_\_ / \_\_\_\_

## REFERRAL INFORMATION.

Referring Physician \_\_\_\_\_

Contact  
information. \_\_\_\_\_

Referring Patient \_\_\_\_\_

Are you working with an attorney?

☐ Yes ☐ No

How did you hear about us?

☐ Word of mouth ☐ Advertisement ☐ Social media ☐ Direct marketing ☐ Internet

## REASON FOR VISIT

What is the date of your scheduled appointment? \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

How long have you had this complaint?

- ☐ Less than 5 days (Acute)  
☐ Between 5-30 days (Sub Acute)  
☐ More than 30 days (Chronic)

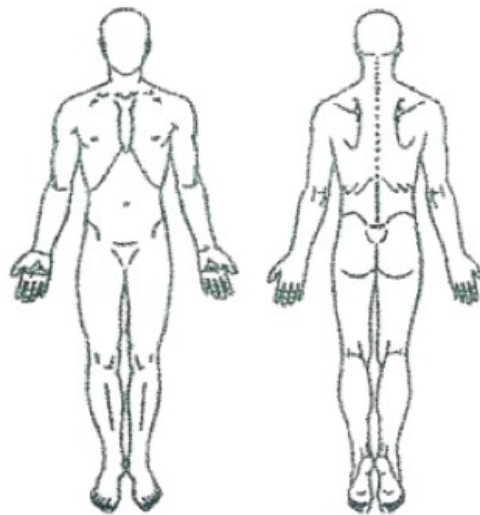
What caused this condition \_\_\_\_\_

What is the date this condition began? (Skip if due to accident) \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

What term(s) describes your discomfort best? \_\_\_\_\_

On the body diagrams to the right, please indicate your areas of symptoms by drawing in the appropriate symbols.

P - pain  
 N - numbness  
 W - weakness  
 S - shooting  
 A - Aching



On a scale of 1 to 10, with 10 being the most severe, how do you rate your discomfort?

None 0 1 2 3 4 5 6 7 8 9 10 Unbearable

How often do you feel this discomfort? ☐ Constant ☐ Frequent ☐ Occasional ☐ Intermittent

How has this complaint changed since the onset? ☐ Worsened ☐ Remained the same ☐ Improved

What activity is most significantly affected by this discomfort? (Explain) \_\_\_\_\_

What treatment, if any, have you received since the injury? \_\_\_\_\_

What aggravates this condition? \_\_\_\_\_

What improves this condition or gives you relief? \_\_\_\_\_

Have other health care provider(s) performed tests related to this condition? \_\_\_\_\_

Have you ever had any previous episodes of this condition? \_\_\_\_\_

CURRENT HEALTH

Other than the information already provided, do you have additional health concerns involving any of the following?

Muscles, Bones or Joints ☐ No ☐ Yes Explain: \_\_\_\_\_

Nerves, Headaches, Dizziness, or Emotional ☐ No ☐ Yes Explain: \_\_\_\_\_

Head, Eyes, Ears, Nose or Throat ☐ No ☐ Yes Explain: \_\_\_\_\_

Heart, Blood Pressure, or Circulation ☐ No ☐ Yes Explain: \_\_\_\_\_

Shortness of Breath, Coughing, Asthma or Lung Condition ☐ No ☐ Yes Explain: \_\_\_\_\_

Stomach, Bowels or Digestive Conditions ☐ No ☐ Yes Explain: \_\_\_\_\_

Genital, Bladder, or Urinary Conditions ☐ No ☐ Yes Explain: \_\_\_\_\_

Diabetes, Thyroid or Glandular Conditions ☐ No ☐ Yes Explain: \_\_\_\_\_

Skin or Bleeding Conditions ☐ No ☐ Yes Explain: \_\_\_\_\_

Do you have any medication allergies? ☐ No ☐ Yes Explain: \_\_\_\_\_

## PERSONAL AND FAMILY HISTORY

Have you had any surgical procedures? ☐ No ☐ Yes Explain: \_\_\_\_\_

Are there any past illnesses or conditions we should be aware of? ☐ No ☐ Yes Explain: \_\_\_\_\_

Do you have a past history of accidents or trauma? ☐ No ☐ Yes Explain: \_\_\_\_\_

Are you presently taking any medication? ☐ No ☐ Yes Explain: \_\_\_\_\_

Do you have a past family illness history, such as diabetes, cancer, hypertension, and progressive neurological diseases that we should be aware of? ☐ No ☐ Yes Explain: \_\_\_\_\_

## WORK SOCIAL HABITS

Current work habits - Choose all that apply.

- ☐ Permanently fully disabled
- ☐ Permanently partially disabled
- ☐ Cannot work due to current condition
- ☐ Full-time (20-40+ hours/week)
- ☐ Part-time (1-19 hours/week)
- ☐ Retired ☐ Student ☐ Homemaker ☐ Unemployed

Personal social habits - Choose all that apply.

- ☐ Smoke or use tobacco products
- ☐ Drink alcohol
- ☐ Drink caffeine
- ☐ Use recreational drugs
- ☐ Other, to be discussed with doctor

Present exercise habits - Choose all that apply.

- ☐ No current exercises
- ☐ Exercises daily
- ☐ Exercises 3+ times per week
- ☐ Cannot return to exercise due to current condition

Diet and nutrition habits - Choose all that apply.

- ☐ Vegan or vegetarian
- ☐ Daily supplements
- ☐ Other

